

PLAIN BRED MEDI DIET®

PRODUCT NAME: *HIGH PROTEIN AND LOW CALORIE PRODUCT
LOW IN CARBOHYDRATES AND LIPIDS AND WITH
LOW ENERGY VALUE (VALUE = SEE ATTACHED
CALCULATION SHEET)
PLAIN FLAVOURED BREAD MIX*

DESIGNATION: **HP PLAIN BREAD**

INGREDIENTS:

Milk proteins, dried egg white and dried egg yolk, wheat flour, wheat proteins, baking powder : sodium pyrophosphate and sodium bicarbonate, flavour, salt, thickener : xanthane gum, stabilizing agent : sodium tripolyphosphate, anti-caking agent : magnesium carbonate, vitamins (C, B3, E, B5, B6, B2, B1, A, folic acid, B12, H).

Labelling for allergens (per Directive 2003/89/CEE):

Contains: wheat, milk, egg, soy, sulphites (≤ 15 ppm).

All suppliers of the ingredients contained in this mix have provided certified guarantees that they are in compliance with current applicable regulations (EC) No. 1829/2003 and (EC) No. 1830/2003 and are not subject to additional labelling requirements for genetically modified ingredients.

INSTRUCTIONS FOR USE:

Add 40 ml of water to 25 grams of powder, knead dough, form a ball and put it on a greaseproof paper and cook 20 to 25 min in a 200°C pre-heated oven.

STORAGE REQUIREMENTS:

Store in a dry location at room temperature.

SHELF LIFE:

2 years sealed in the original package and under normal storage conditions.

COUNTRY OF ORIGIN:

France

NOTE: The information given in this notice is provided in good faith to assist our customers. Because our products are used in many different ways and under a wide variety of conditions, we ask our customers to make sure that they use our products for their intended purposes and to understand that they are responsible for such use. The analytical values provided here are based on information currently available to us. Our original documents are to be considered the reference documents

ALLERGEN LABELLING

The information given below represents the current state of our knowledge and the information provided by our suppliers.

Designation : HP PLAIN BREAD - 25g

Major allergens	Present	Absent (*)	Primary ingredient affected
Cereals containing gluten and cereal-based products containing gluten.	X** WHEAT		Wheat flour, wheat proteins, baking powder
Crustaceans and crustacean-based products		X	
Eggs and egg-based products	X		Dried egg white and dried egg yolk
Fish and fish-based products		X	
Peanuts and peanut-based products		X	
Soy and soy-based products	X		Milk proteins (lecithin)
Milk and dairy products (including lactose)	X		Milk proteins
Shelled nuts and derived products		X	
Sesame seeds and sesame seed-based products		X	
Sulfites at a concentration of at least 10 mg/kg	X (≤15ppm)		Wheat proteins
Celery and celery-based products		X	
Mustard and mustard-based products		X	

(*) The term **Absent** means “not added directly or through any other element added into the formula or the process: ingredients, additives, or compositional elements...”. We cannot guarantee the complete absence of cross-contaminants.

** : Glucose syrup and dextrose from wheat are mentioned in the list of food ingredients and food substances which are temporary not subject to the labelling requirements for food allergens as mentioned in the EC 2005/26/CE.

MEDIDIET® is required to inform its customers regarding any new regulatory stipulations that may require a change in the status of the above product and/or its labelling. Valid for all appropriate legal purposes.

HIGH PROTEIN AND LOW CALORIE PRODUCT, LOW IN CARBOHYDRATES AND LIPIDS, WITH AN ENERGY VALUE OF 90 KCAL PER 25-G SERVING			
HP PLAIN BREAD		25g	
<i>Protein Index</i>		>100	
<i>Protein energy/Total energy</i>		67%	
		For (in g)	For (in g)
		100	25,0
ENERGY			
	Kj	1520	380
	Kcal	358	90
AVERAGE CALCULATED ANALYTICAL VALUE			
	Proteins (g)	60,1	15,0
	Simple carbohydrates (g)	0,4	0,1
	Complex carbohydrates (by difference) (g)	22,7	5,7
	Fibers (soluble and insoluble) (g)	1,9	0,5
	Lipids (g)	2,4	0,6
	Minerals (g)	4,6	1,2
	Moisture (g)	7,8	2,0
	TOTAL (g)	100	25
MINERALS			
	Sodium (mg)	1979	495
	Potassium (mg)	381	95
	Calcium (mg)	324	81
	Phosphorus (mg)	1060	265
	Magnesium (mg)	107	27
			<i>Reference Daily Intake for 25 grams</i>
SUPPLEMENTED VITAMINS			
	VITAMIN A (µg)	384	96
	VITAMIN C (mg)	28,8	7,2
	VITAMIN E (mg)	4,8	1,2
	VITAMIN B1 (mg)	0,67	0,17
	VITAMIN B2 (mg)	0,77	0,19
	VITAMIN B3/PP (mg)	8,6	2,2
	VITAMIN B5/PANTOTHENATE (mg)	2,88	0,72
	VITAMIN B6 (mg)	0,96	0,24
	VITAMIN B12 (µg)	0,48	0,12
	VITAMIN H/BIOTIN (mg)	0,07	0,02
	FOLIC ACID (µg)	192	48
			<i>For 100 kcal</i>