



FLAT TUMMY STICK MEDIDIET®

- WITH SWEETENERS

7g

PRODUCT

The Flat Tummy stick is a food supplement facilitating digestion and reducing bloating responsible for waistline variations. Its custard form helps recovering a flat belly wellness.

FORMAT

A 7g powder stick to rehydrate in 50 ml of water in order to obtain a coconut-chocolate flavoured custard.

INSTRUCTIONS FOR USE

Take 2 sticks a day after the meal.

EFFECTS

The Flat-Tummy stick efficiency is arising from the virtues of natural ingredients. This food supplement is perfect to :

Reduce bloating : The green clay is naturally rich in silica, minerals and in trace elements. Its porous structure allows the fixing of intestinal gases and thus reduces swelling. The green clay also protects the gastro-intestinal mucous membrane and facilitates the digestive work.

Favour digestion. The anti-acid properties of calcium citrate helps neutralizing the gastric acidity and thus reduces digestive troubles. The fennel seeds favour the elimination of wastes and gases, for a better digestive wellness and a flat belly.

Pineapple and papaya contain enzymes which are well-known to split proteins and facilitate digestion.

Take part in the development of intestinal flora. Inulin is a prebiotic fibre which reaches entirely the large intestine. There it is fermented by some intestinal bacteriae and especially bifidobacteriae. The prebiotic fibres support the growth and the metabolism of these bacteriae at the expense of some pathogenic ones.

A positive avis from the French Food Safety and Control Administration (AFFSA) allows since the 20th April 2005 the following scientifically validated claims :

- ⇒ "The native inulin from chicory is bifidogenic (stimulates the growth of intestinal bifidobacteriae) with a daily dose of 5g/d"
- ⇒ "The native inulin from chicory stimulates the growth of intestinal bifidobacteriae with a daily dose of 5g/d"
- ⇒ "The native inulin from chicory is probiotic with a daily dose of 5g/d"

In addition to the prebiotic effect, inulin decreases the intestinal tract time. This ingredient takes part in the "flat tummy" sensation.

STORAGE REQUIREMENTS

Store in a dry location at room temperature.

SHELF LIFE

2 years sealed in the original package and under normal storage conditions.

feminiium

FLAT TUMMY STICK

2 sticks

ACTIVES

Green clay	800 mg
Calcium	240 mg (30% RDI*)
Dried fennel seed extract (<i>Foeniculum vulgare</i> Mill.)	200 mg
Inulin	6 g
Pineapple juice powder (<i>Ananas comosus</i> L.)	400 mg
Enzyme activity : 600 mUHB	
Enzymes of which bromelain	4,8 mg
Papaya powder (<i>Carica papaya</i> L.)	400 mg
Enzyme activity 2 400 000 NFU	

